



Live in peace



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Grade 1-2

HIS HOLINESS POPE TAWADROS II



**118TH POPE OF ALEXANDRIA AND
PATRIARCH OF THE SEE OF SAINT MARK**



Live in Peace

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Visit the St. Mark Festival's website at www.smfsus.org
to find the material for the festival and
for guidelines and information on the tests



Live in Peace

St. Mark's Festival 2022 Anthem

When we're planting love and goodness
Peace is what we'll always reap
We're not worried if days are evil
The Lord won't slumber nor sleep x2

Church is an Ark where souls are saved
No matter what hardships we face
Her Sacraments will help us always
Grow in faith and dwell in grace x1

At His word I'd walk on water
Strong in faith and firm in Doctrine x2
I will follow His commands x1

With God joy will never cease
And His Spirit gives us peace. x2

And His Spirit gives us peace. x1

My Peace is a Gift from God

St. Paul and St. Silas in Jail in Philippi

Acts 16:19-34

The story of St. Paul and St. Silas in jail in Philippi teaches us that we should be at peace because our Lord Jesus Christ is always with us.

Praise is a type of prayer. We can praise God at any time. When we pray, we are talking to God; He is our Father, who loves us so much. We tell Him everything that goes on in our life.

We pray when we are happy, sad, scared, and even when we make mistakes. We pray and ask for His forgiveness and thank Him for loving us.

This is why we should praise God at all times. When we praise God, we will always have joy and peace in our hearts.

St. Paul and St. Silas are two of the apostles of our Lord Jesus Christ. They went to a city called Philippi to preach to the people. They told the people about our Lord Jesus Christ, and He made many miracles through them. Many people believed because of their words and were baptized and became Christians.

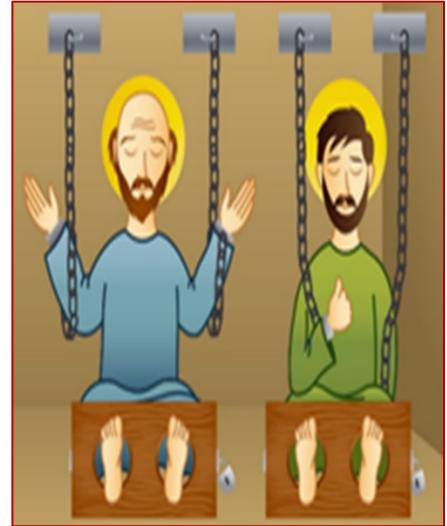
Some people didn't like this, so they took St. Paul and St. Silas to the governor and told him that they were causing trouble in the city.



When the governor heard this, he ordered to beat them and put them in prison and even tied their feet.

Although they were tired and hurt, the saints were praying and praising God all night, and everyone in the prison heard their beautiful praises.

Yes, even though they were in prison, their hearts were filled with joy and peace because they knew the Lord Jesus Christ was with them all the time. They were happy because they had faith and knew that the Lord Jesus Christ would help them. He is the source of peace.



While they were praying and praising God, a big earthquake happened. It shook the whole prison, causing the doors to open and the prisoners' chains to break. The guard was so worried the prisoners would escape and he would be in trouble with the King.



St. Paul told him not to worry because all the prisoners were still there, and no one escaped. When he heard this and saw that the chains were broken, he understood how powerful God is.

He asked St. Paul: **“What must I do to be saved?”**
St. Paul told him: **“Believe in the Lord Jesus Christ, and you will be saved, you and your household.”**

The guard was happy and took St. Paul and St. Silas to his house. They talked to him and his family about the Lord Jesus Christ, and they all were baptized and became Christian.



St. Paul and St. Silas teach us that our Lord Jesus Christ fills our hearts with peace and joy. When we have peace, we are happy and we praise God all the time, even in times of trouble.

**“May the Lord of peace Himself give you peace always.”
(2 Thessalonians 3:16)**



Activity

Power of Praise

Use the code to answer the questions.

A 1	B 2	C 3	D 4	E 5	F 6	G 7	H 8	I 9	J 10	K 11	L 12	M 13
N 14	O 15	P 16	Q 17	R 18	S 19	T 20	U 21	V 22	W 23	X 24	Y 25	Z 26

It is a type of prayer.
16 18 1 9 19 5

Who was St. Paul with? St.
19 9 12 1 19

What city were they in?
16 8 9 12 9 16 16 9

What did the guard and his family become because of these saints?

3 8 18 9 19 20 9 1 14

What will we have if we praise God all the time?

16 5 1 3 5

My Peace is From My Lord and Savior

St. Simeon the Elder and
The Feast of Presenting the Lord to the Temple
Synaxarion of the 8th day of the Coptic Month of Meshir (February 15)
Luke 2:22-35

The story of presenting the Lord Jesus Christ to the Temple teaches us that our Lord gave us peace by being born of St. Mary and saving us on the Cross.

Adam and Eve sinned when they did not obey God. They, and their children after them, were separated from God, and they needed a redeemer to save them from sin.



God promised He will save them and bring back peace between heaven and earth. People waited for a very long time, and many prophets wrote about how God will become man and be born of a virgin to save us. These prophecies were written in Hebrew.

After many years, a king named Ptolemy ordered to translate the Old Testament from Hebrew to Greek, the language they spoke at that time. A group of about 70 elders was tasked to do the translation, that's why it is called the Septuagint Translation. St. Simeon was one of those elders.



When St. Simeon read the verse in the Book of Isaiah saying, **“Behold, the virgin shall conceive and bear a Son, and shall call His name Immanuel,” (Isaiah 7:14)** he was very surprised. He wondered how a virgin, a woman who is not married, can have a child. This is impossible! He thought it would be better to change it and write “young lady” instead of a virgin, to avoid confusing anyone.

Of course, no one can change the Word of God! For this reason, God showed St. Simeon a vision that he would not die until he sees Immanuel, who will be born of a virgin, as the Holy Bible says.

When St. Simeon was 300 years old, the Lord Jesus Christ was born of the Virgin St. Mary in a manger just as the Archangel Gabriel told her saying: **“The Holy Spirit will come upon you, and the power of the Highest will overshadow you; therefore, also, that Holy One who is to be born will be called the Son of God. (Luke 1:35)**

When the Lord Jesus Christ was born, heaven was filled with joy, and many angels appeared and praised God saying: **“Glory to God in the highest, and on earth peace, goodwill toward men!” (Luke 2:14)** Everyone was happy because the prophecies were fulfilled, and the birth of Christ brought peace between God and man.

When the Child Jesus was 40 days old, St. Mary and St. Joseph brought the baby to the temple and offered a sacrifice according to what is said in the law of the Lord.

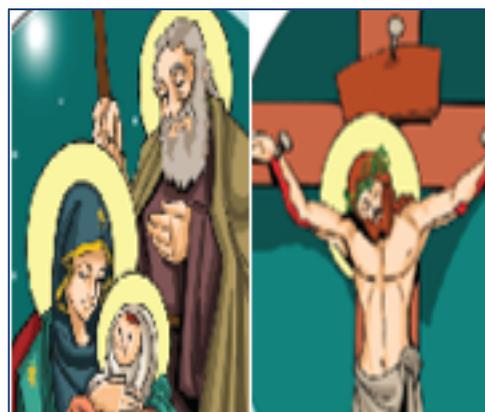
Once St. Simeon carried the Child, he knew by the Holy Spirit that this was the child he had been waiting for. He saw the Savior of the world with his own eyes.



St. Simeon praised God saying:

“Lord, now You are letting Your servant depart in peace, according to Your word; For my eyes have seen Your salvation” (Luke 2:29)

The Lord Jesus grew up, was crucified, died on the Cross, was buried, and rose from the dead. By this, He saved man, renewed his nature, and opened paradise for us in order to live in peace with Him; as the verse says:



**“For He Himself is our peace”
(Ephesians 2:14)**



Activity

St. Simeon the Elder

L D U X D C F W J M M P Q L N
O T I M M A N U E L R A H U J
J N O Q S A S X Q B A L R D C
D F Z W K R L K Z X E O G Y V
W W K D U M X J E S U S O D D
S G B L P T S R S S U K D H R
V Z I X M C I P E R A U B R U
T E M P L E M T C D L V M Q Q
B E P U B A E O I H E Q I V D
L X E U I P O L U S R E L O I
W E A T B A N E F M A I M F R
M L C B L T R M Z I M I S E G
Q Q E A E G U Y T I B O A T R
S Z X P R O P H E C I E S H L
C V I R G I N Y E L D E R S Z

Bible	Immanuel	Peace	Savior
Christ	Isaiah	Prophecies	Simeon
Elders	Jesus	Ptolemy	Temple
God	Mary	Redeemer	Virgin

My Peace is in My Church

The 7 Sacraments of our Church

Learning about the Sacraments of the church teaches us that the children of God have peace.

The Church is the house of God where all the believers come together. We pray to God and learn how to live with God on earth, and this prepares us for the life we will live with God in heaven.

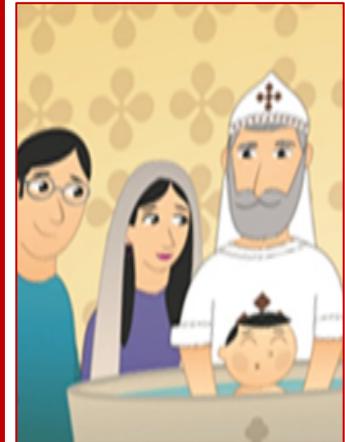
The Lord Jesus Christ instituted **7 Sacraments** for the Church.
All the Orthodox Church Sacraments give us peace.

There are 4 Sacraments that all the children of God MUST receive:

1. Sacrament of Baptism:

The priest baptizes the baby by putting the baby in the water 3 times while saying, "In the name of the Father, and the Son, and the Holy Spirit."

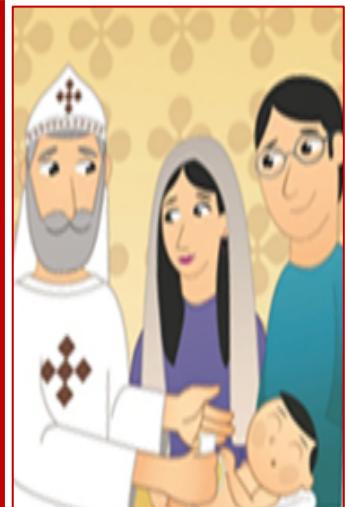
Baptism removes the first sin of Adam, and the person becomes a Christian, a son of God. This Sacrament gives us true peace and joy.



2. Sacrament of Confirmation:

Immediately after we are baptized, we receive the Sacrament of Confirmation. The priest anoints the baby with a special oil called the **Holy Myron oil** 36 times on every part of the body.

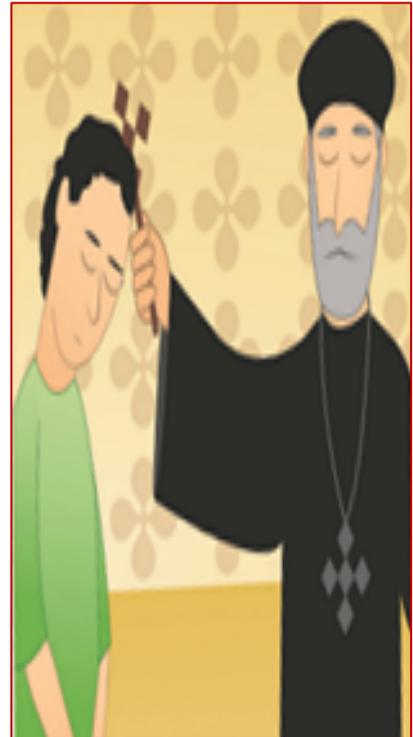
Our whole body becomes God's, and His Holy Spirit lives in us; everything we do should please God. The Holy Spirit protects us and gives us peace.



3. Sacrament of Repentance and Confession:

When we sin, we lose our peace because we are separating ourselves from God. Repentance is when we pray and ask God to forgive us and help us not to sin anymore. Confession is when we talk to a priest and tell him the sins that we did. The priest prays the Absolution Prayer for us.

Through this Sacrament, our sins are forgiven, and we can continue to live in peace. The Sacrament of Repentance and Confession prepares our body for the Lord Jesus Christ to live in us when we receive the Holy Communion.



4. Sacrament of Eucharist (Communion):

By the prayers of the priest and the congregation in the Liturgy, the Holy Spirit changes the bread and wine to the Holy Body and Blood of our Lord Jesus Christ.

At the end of the Liturgy, we receive the Holy Communion, which is the Body and Blood of our Lord Jesus. The Lord Jesus Christ lives in us, and we have peace and joy.

“He who eats My flesh and drinks My blood abides in Me, and I in him.” (John 6:56)



There are 3 sacraments that give us peace that are not needed to go to heaven, and not everyone receives them:

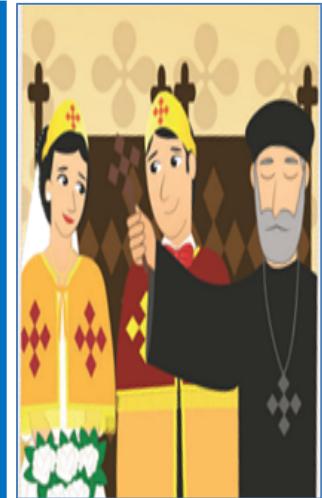
5. Sacrament of the Unction of the Sick:

When someone is sick, the priest prays the prayer of the Unction of the Sick and anoints them with oil. This comforts the sick and fills their heart with peace.



6. Sacrament of Matrimony (Marriage):

A bride and a groom are 2 people that the Lord Jesus Christ unites together. They come to the church and the priest prays for them. Through the Holy Spirit, they become one body. Their home becomes a small, blessed church where they live, pray together, read the Holy Bible, follow the commandments, and love one another. The Lord Jesus Christ lives in their home, and they have peace and joy all the time.



7. Sacrament of Priesthood:

Without this sacrament, we would not be able to perform any of the sacraments of our church. The Lord Jesus Christ gave the priest the authority to perform the Sacraments of the Church that give us peace and joy.

The priest cares for us and shows love to the people of the church. If someone is sick, the priest visits them. If someone needs help, the priest helps and supports them. The love of the priest helps us all to have peace.



Our Coptic Orthodox Church has beautiful Sacraments that teach us how to live in peace. This makes us happy all the time. The Lord spoke about His house saying:

“And in this place I will give peace” (Haggai 2:9)



Activity

The 7 Sacraments

Write the name of the Sacrament.



1. _____
2. _____
3. _____
4. _____



5. _____
6. _____
7. _____

I Live Peacefully

St. Didymus the Insightful

Synaxarion of the 6th day of the Coptic Month of Paona (June 13)

The story of St. Didymus the blind teaches us that when we have faith in God, He will help us in hard times and we will have peace.

St. Didymus was one of the great fathers of our church. He had so much peace and joy in his heart. He was able to solve any problem he had and serve others.

St. Didymus was born in Alexandria. When he was 4 years old, he became blind and could not see. Even though he could not see, he trusted God and had peace and joy. He loved God so much because he knew God is always with him and will help him with any problem. As the verse says:



“My grace is sufficient for you, for My strength is made perfect in weakness.” (2 Corinthians 12:9)



St. Didymus decided to learn how to read and write. He was able to learn the alphabet by himself. He engraved the letters on a wooden block, and when he touched the letters, he was able to read them.

God also gave him the ability to memorize many books of the Holy Bible. He also taught himself math, music, science, and many other things. Everyone was amazed because even though he was blind, he was able to learn anything.



And because of this, Pope Athanasius chose him to be the principal of the Theological School in Alexandria, where many people came from all over the world to learn about God.

St. Didymus wrote many books about God and explained the Holy Bible. He also taught many of the fathers of the church. St. Didymus and St. Anthony, the father of the monks, were good friends. St. Anthony visited him many times, and once told him, **“Don’t be sad Didymus because you lost your eyesight, but God blessed you with eyes like the angels that see the spiritual things.”**



St. Didymus is also called “the Insightful” because he has done more than those who can see. As St. Anthony said, **“You have eyes like the angels.”**

The peace that St. Didymus had helped him to solve many of his problems and serve others.

We celebrate his feast on the 6th day of the Coptic month of Paona 6 (June 13).

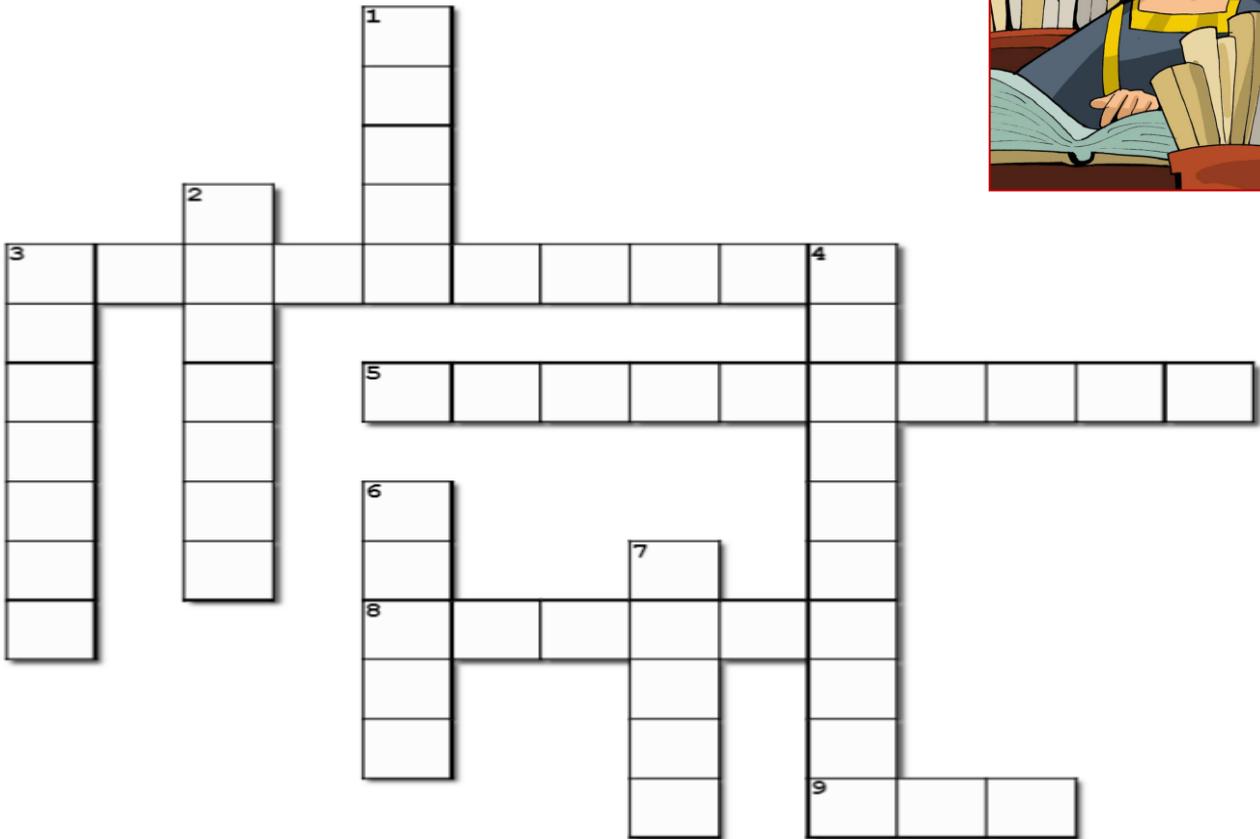




Activity

St. Didymus

Complete the crossword puzzle



Down

1. What month do we celebrate St. Didymus' feast?
2. "for My strength is made _____ in weakness."
3. Who was St. Didymus' good friend?
St. _____
4. Who chose St. Didymus to be the principal of the Theological School? Pope _____
6. 'My _____ is sufficient for you.'
7. The _____ that St. Didymus had helped him to solve many of his problems.

Across

3. Where was St. Didymus born?
5. What did they call St. Didymus?
The _____
8. St. Didymus had eyes like the _____.
9. St. Didymus could not _____.

I Share My Peace With Those Around Me

David forgives Saul

1 Samuel 26

The story of David forgiving Saul teaches us that when we love one another we have peace.

David was the youngest of his brothers. The Holy Bible says he is “a man after My own heart” (Acts 13:22). This means he pleased God and showed peace and love to everyone.

David was a shepherd, and he played the harp and sang beautiful praises. From a young age, he learned to help and serve others.

Saul loved David so much and loved to hear David’s music because it gave him peace.

When David fought Goliath and won, this made Saul jealous because everyone cheered for David more than Saul. Saul now disliked David and wanted to hurt him many times.

David was peaceful even with those who tried to hurt him and never fought Saul.



David hid from Saul in the wilderness. Saul and 3,000 soldiers went to the wilderness to look for David. When they arrived it was night, and Saul and the leader of the army named Abner went to sleep. He placed his spear and jug of water next to him.



David saw that Saul was near the place he was hiding, and he was asleep. One of David's soldiers named Abishai told him to hurt Saul. David could not do this but instead told Abishai to take his spear and jug of water to prove to Saul that they were there and chose not to hurt him because this is God's commandment.



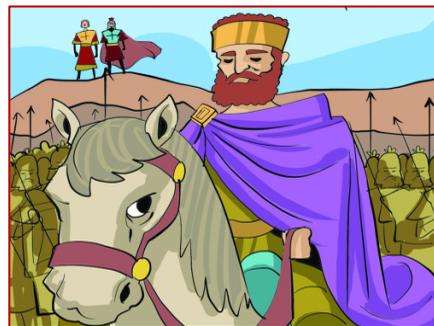
David's heart was like God's; he could not fight evil with evil. He loved Saul and couldn't hurt him and instead used peace.



David stood on a mountain close to where they were sleeping and called Abner's name. He asked Abner where Saul's spear and the jug of water were and asked him why he wasn't watching Saul while he was asleep. He told him he was able to take his things while they were asleep instead of hurting them.



Saul was sad that he tried to hurt David and promised not to hurt him again. He told David that he is more righteous than him. David's decision not to hurt Saul helped him to live in peace just as the verse says:



“live in peace; and the God of love and peace will be with you.”
(2 Corinthians 13:11)

Peace in Our Home

Adam and Eve and the Sacrament of Matrimony

Genesis 1:26-31

The story of Adam and Eve teaches us that by following God's commandments we have peace in our homes.

God created the first family and established marriage in the world and taught us His original plan for a family.

Adam and Eve and God's Design for a Family

God created everything in the world. After everything was created, He wanted someone to care for and enjoy His creation. God created a man in His image named Adam. God did not want Adam to be alone, so he created a woman from the rib of Adam's side. He named the woman Eve.



God created the first woman and brought her to Adam to be his wife to help and support him. Eve is called a woman because she was taken out of man.

God has a design and plan for everything. We should be happy that God created us to be a man or a woman, we can never change this! We are created differently and each with a purpose; both equally loved by God.

Adam and Eve were the first husband and wife that God created.

God's design for marriage is between a man and a woman, male and female.

They were to start the first family; to have children and their children will start a family and so on. God made us in His image, and He loves us so much.

“Therefore, a man shall leave his father and mother and be joined to his wife, and they shall become one flesh” (Genesis 2:24)

The Sacrament of Matrimony

One of the Sacraments of our Church is the **Sacrament of Matrimony**. **This Sacrament is when a man and a woman get married**. They come to the Church and stand in front of the altar. The priest prays for them, the Holy Spirit comes upon them, and they become one.

They live together in peace following the Lord Jesus Christ and His commandments.

Together they serve God and start a family.



What makes love in marriage different than any other relationship?

Marriage should be forever:

Friendships may change, but marriage should last forever.

Marriage can only be between a man and a woman:

God separated people into male and female; marriage reunites them through the Holy Spirit during the prayers of the Sacrament. Marriage unites a couple in a special way; the relationship between them should only be between a husband and a wife. They are the start of a family and God blesses them with children.

Marriage should glorify God:

Following God's plan for marriage brings glory to Him. The family should love one another and serve God.

Any other plan for marriage is not correct. We should follow what God teaches us.

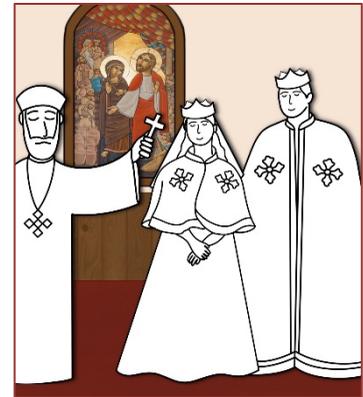
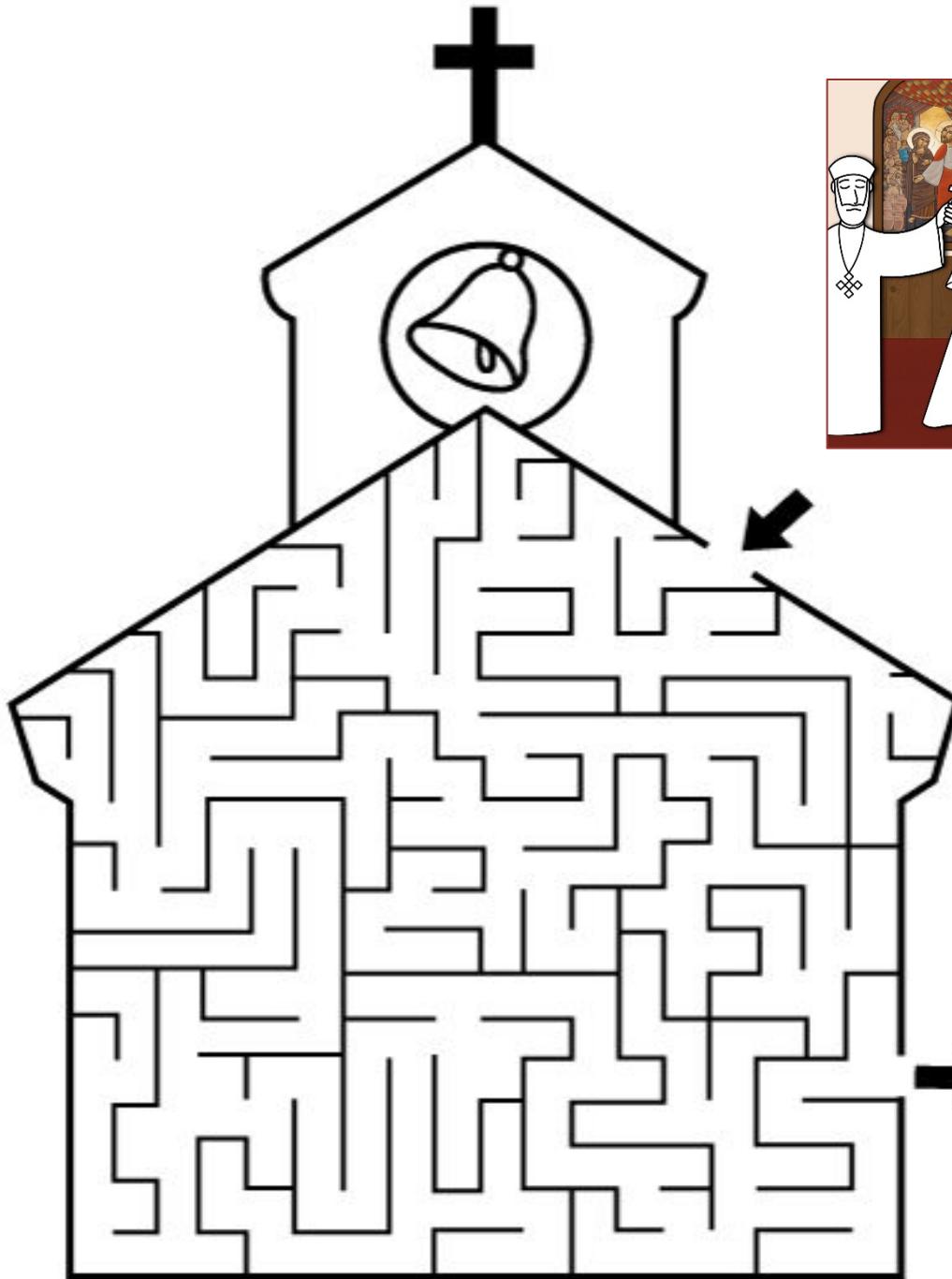
When we do what God teaches us, we will live in peace.



Activity

The Sacrament of Matrimony

Help the bride and groom find their way through the church to start their new life together as one.



Memorization

1. "live in peace" (2 Corinthians 13:11)

2. Psalm 99 of the Ninth Hour of the Agpeya (None)-

Shout joyfully to the Lord, all the earth.

Serve the Lord with gladness;

come into His presence with exultation.

Know that the Lord Himself is our God;

He made us, and not We ourselves;

we are His people, and the sheep of His pasture.

Enter into His gates with thanksgiving,

and His courts with praise;

give thanks to Him, praise His name.

For the Lord is good;

His mercy is forever,

and His truth is from generation to generation.

ALLELUIA.



Coptic

Coptic Alphabet

Know the shape and name of the letter and one way to pronounce each letter

Letter	Name of Letter	Pronunciation	Letter	Name of Letter	Pronunciation
Ⲁⲁ	Alpha	A	Ⲡⲡ	Pee	P
Ⲃⲃ	Veeta	B, V	Ⲣⲣ	Ro	R
Ⲅⲅ	Gamma	G, N, Gh	Ⲇⲇ	Seema	S, Z
Ⲉⲉ	Delta	D, Th (the)	ⲉⲏ	Tav	T
Ⲋⲋ	Eyy	E	Ⲑⲑ	Epsilon	V, I, (oo)
Ⲍⲍ	So-oo	number 6	ⲓⲔ	Fey	F
ⲏⲐ	Zeeta	Z	ⲕⲘ	Key	K, Kh, Sh
Ⲓⲓ	Eeta	Ee	ⲙⲎ	Epsee	Ps
Ⲕⲕ	Theeta	Th (think), T	ⲏⲐ	O-Long	Oo
Ⲗⲗ	Yota	I, Y	ⲑⲒ	Shai	Sh
Ⲙⲙ	Kappa	K	ⲓⲔ	Fai	F
Ⲏⲏ	Lavla	L	ⲕⲘ	Khai	Kh
Ⲑⲑ	Mey	M	ⲏⲐ	Hori	H
Ⲓⲓ	Ney	N	ⲕⲘ	Ganga	G, J
Ⲕⲕ	Eksee	Ks	ⲏⲐ	Cheema	Ch
Ⲇⲇ	O-Short	O	ⲉⲏ	Tee	Tee

Nature



Bω tree

Letter	B	ω
Name of Letter	veeta	o-long
Pronunciation	v	oo



Pн sun

Letter	P	н
Name of Letter	ro	eeta
Pronunciation	r	ee



loз moon

Letter	l	o	з
Name of Letter	yota	o-short	hori
Pronunciation	l	o	h



Cioʀ star

Letter	C	i	o	ʀ
Name of Letter	seema	yota	o-short	epsilon
Pronunciation	s	i	o	u

At School



Ⲙⲁⲓ teacher

Letter	Ⲙ	ⲁ	ⲓ
Name of Letter	seema	alpha	khai
Pronunciation	s	a	kh



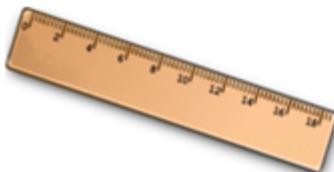
Ⲭⲱⲙ book

Letter	Ⲭ	ⲱ	ⲙ
Name of Letter	ganga	o-long	mey
Pronunciation	g	oo	m



Ⲙⲁⲱ pencil

Letter	Ⲙ	ⲁ	ⲱ
Name of Letter	kappa	alpha	shai
Pronunciation	k	a	sh



Ⲭⲱⲙⲏ ruler

Letter	Ⲭ	ⲱ	ⲙ	ⲏ
Name of Letter	ksi	o-short	mey	eeta
Pronunciation	k + s	o	m	ee

Family

Παίωτ my father

Letter	Π	α	ι	ω	τ
Name of Letter	pi	alpha	yota	o-long	tav
Pronunciation	p	a	i	oo	t



Ταμάτ my mother

Letter	Τ	α	μ	α	τ
Name of Letter	tav	alpha	mey	alpha	epsilon
Pronunciation	t	a	m	a	v



Πάσον my brother

Letter	Π	α	σ	ο	ν
Name of Letter	pi	alpha	seema	o-short	ney
Pronunciation	p	a	s	o	n



Τάσωνι my sister

Letter	Τ	α	σ	ω	ν	ι
Name of Letter	tav	alpha	seema	o-long	ney	yota
Pronunciation	t	a	s	oo	n	i

The Lord's Prayer

<p>Χε Πενιωτ ἐτ θεν νιφνοῖ</p>	<p>Our Father who art in heaven</p>
<p>μαρεφτορβο ἵχε πεκραν</p>	<p>hallowed be Thy name</p>
<p>μαρεσι ἵχε τεκμετορρο</p>	<p>Thy kingdom come</p>
<p>Πετεθνακ μαρεφωπι</p>	<p>Thy will be done</p>
<p>ἡφρη† θεν ἴφε νεμ ριχεν πικαρι</p>	<p>on earth as it is in heaven</p>
<p>Πενωικ ἵτε ρασ† μηφ ναν ἡφοο†</p>	<p>Give us this day our daily bread</p>
<p>Οροθ χα νηετῆρον ναν ἐβολ</p>	<p>and forgive us our trespasses</p>
<p>ἡφρη† ρων ἵτενχω ἐβολ</p>	<p>as we forgive</p>
<p>ἵνηετε ορον ἵταν ἐρω†</p>	<p>those who trespass against us</p>
<p>Οροθ ἡπερεντεν ἐδοϋν ἐπιρασμοσ</p>	<p>and lead us not into temptation</p>
<p>αλλα ναρμεν ἐβολ ρα πιπετρω†</p>	<p>but deliver us from the evil one</p>
<p>θεν ΠιΧριστοσ Ιησοϋσ Πενβοισ</p>	<p>In Christ Jesus our Lord</p>
<p>Χε θωκ τε</p>	<p>For Thine is</p>
<p>†μετορρο νεμ †χομ νεμ πιω†</p>	<p>the kingdom, and the power and the glory</p>
<p>ωα ἐνεθ ἀμην</p>	<p>forever, Amen</p>



Hymns & Rituals



Papal Hymn after the Pauline Epistle – ΠΙΞΜΟΥΤ ΣΑΡ

Rites: We say this hymn after the Pauline Epistle is chanted. We pray that the Lord takes care of our beloved fathers, His Holiness Pope Tawadros II and His Grace Bishop Youssef, and all the priests and deacons and people.

The grace of our Lord Jesus Christ be with your saintly spirit, my lord, the honored father, the archpriest, Pope Abba Tawadros.

ΠΙΞΜΟΥΤ ΣΑΡ ἈΠΕΝΘ ΟΙΣ ΙΗΣΟΥΣ
ΠΙΧΡΙΣΤΟΣ:
ΕΦΕΨΩΠΙ ΝΕΜ ΠΕΚΑΣΙΟΝ ΠΝΕΥΜΑ:
ΠΑΘ ΟΙΣ ΝΙΩΤ ΕΤΤΑΙΗΟΝΤ ΝΑΡΧΙΕΡΕΥΣ
ΠΑΠΑ ΑΒΒΑ ΤΑΩΑΔΡΟΣ.

And our father the bishop, Abba Youssef.

ΝΕΜ ΠΕΝΙΩΤ ΝΕΠΙΣΚΟΠΟΣ ΑΒΒΑ
ΙΩΣΗΦ.

May the clergy and all the people be safe in the Lord. Amen. So be it.

ΜΑΡΕ ΠΙΚΛΗΡΟΣ ΝΕΜ ΠΙΛΑΟΣ ΤΗΡΦ:
ΟΥΧΑΙ ΞΕΝ ΠΘ ΟΙΣ: ΧΕ ΑΜΗΝ ΕΣΕΨΩΠΙ.



His Holiness Pope Tawadros II



His Grace Bishop Youssef



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